



DofE
Bronze

DofE Bronze

- Aged between 14 and 25.
- Volunteering, Skill & Physical
 - Each for 3 months, one aspect for 6 months.
 - While you may help out within Scouting, these are not organised by Scouting.
- Expedition
 - 2 days, 1 night.
 - This is organised by Scouting.

Goals

- For each activity, you must set a **goal** in your eDofE
- You must provide **evidence** that you have met your goal
 - For example, photos or reports from advisors and assessors.
- An assessor cannot be a family member.

Volunteering | Skills | Physical | Expedition

- **Aim:** *To make a positive contribution to your community.*
- You can volunteer as an individual or a team.
- You can help an individual or an organisation, including:
 - helping elderly or disabled neighbours.
 - helping with animals, such as dog-walking.
 - helping junior members in a sports club, or in a church.
 - helping a charity.
- There may also be opportunities within Scouting.
 - For Young Leader roles you may need to complete some training.

Volunteering | **Skills** | Physical | Expedition

- **Aim:** *To develop practical and social skills and personal interests.*
- There are over 300 different activity ideas you can choose from including: playing an instrument, learning a language, event planning, gliding, marksmanship (shooting) or producing a newsletter or website.
- The activities need to be done in your own free time and not part of directed time at school. After-school clubs are OK.
- Physical skills cannot be used for this section. It can be useful to think of physical activities as those that make you sweat and a skill as one that does not.

Volunteering | Skills | **Physical** | Expedition

- **Aim:** *To participate and show improvement in a sport or fitness activity.*
- Choices include team sports, individual sports, or just keeping fit!
- The activities need to be done in your own free time and not part of directed time at school. After-school clubs are OK.
- Physical activities are generally ones that make you sweat. Some sports such as marksmanship, snooker/pool and gliding are actually skill activities, make sure you check the list.

Volunteering | Skills | Physical | **Expedition**

- **Aim:** *To plan, train for and complete an expedition with a purpose.*
- The expedition must have an agreed **team goal**. For example:
 - Observe how wildlife/litter/fences vary on the route
 - Determine the noisiest areas, by recording noise pollution every mile
 - Assess which gates work best
 - Record footpath quality: look at footpaths, assess and score the condition and construction.
 - Compose, learn and perform a song
 - Learn a selection of phrases in a foreign language.

Volunteering | Skills | Physical | **Expedition**

- Every expedition will be unaccompanied and self-reliant. This means:
 - You plan your own **route**.
 - You decide your own **menu**.
 - You agree how you will **carry** everything.
- You need to prepare, train for, complete at least one practice, complete the qualifying expedition and give your presentation back.
 - **Practise**: Sat 11 – Sun 12 May
 - **Expedition**: Fri 7 – Sun 9 June
- Leaders will be around, but all expeditions are **monitored** by an external assessor.

Next steps

1. Complete Expedition **route planning**.

- It needs to be good enough that I can create a GPX route map, like this:



Next steps

2. Decide on your Expedition **menu**.

- You need to carry your own food for the duration of the 2-day trip.
 - Saturday breakfast, lunch & dinner
 - Sunday breakfast & lunch.
 - Snacks
- An expedition involves a lot of physical exertion and mental stamina,
- It's really important that you **eat properly** for keeping up energy levels.
- See <https://www.dofe.org/shop/meal-ideas-for-your-dofe-expedition> for ideas.

Next steps

3. Agree on your Expedition **team goal**.
 - See the [DofE site](#) or other sites for ideas.
4. Choose an Expedition **team name**.

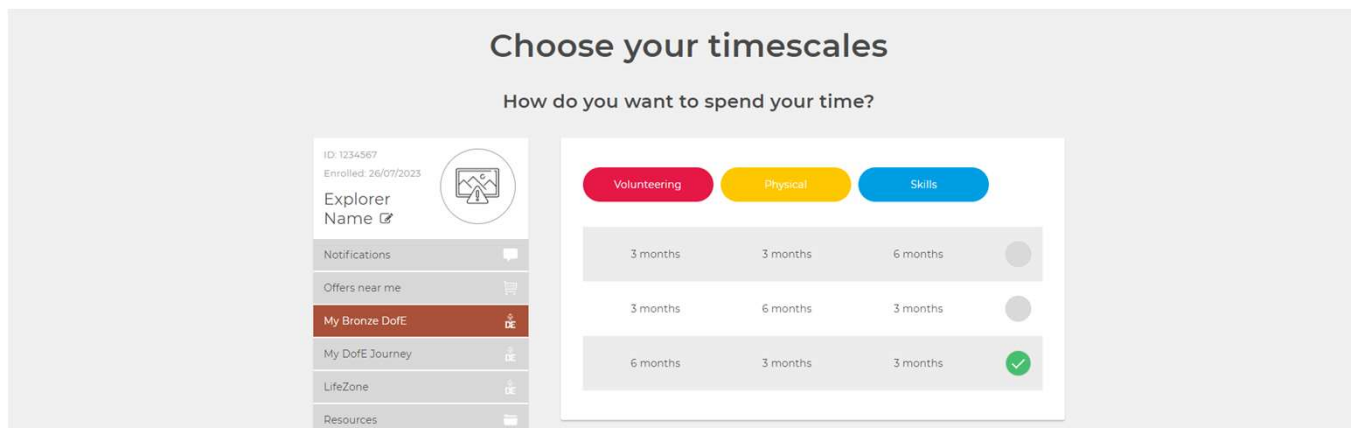
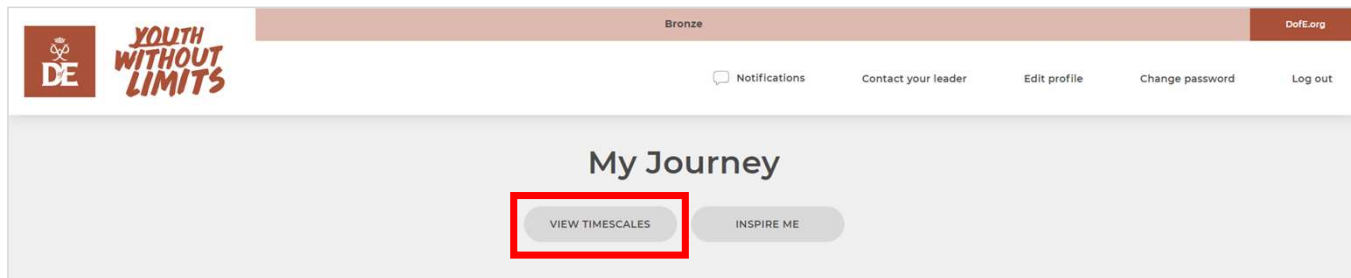
Next steps

5. Sign in to your eDofE at <https://edofe.org/>
 - Register for your **eDofE Card** for kit discounts.

The screenshot shows the user interface of the DofE website. At the top, there is a navigation bar with the DofE logo on the left, the word 'Bronze' in the center, and 'DofE.org' on the right. Below the navigation bar, there are several links: 'Notifications', 'Contact your leader', 'Edit profile', 'Change password', and 'Log out'. The main content area is titled 'Register for your DofE Card'. On the left side, there is a sidebar menu with the following items: 'ID: 1234567', 'Enrolled: 26/07/2023', 'Explorer Name', 'Notifications', 'Offers near me', 'My Bronze DofE' (highlighted in red), 'My DofE Journey', 'LifeZone', 'Resources', 'Keep safe', 'DofE Card' (highlighted with a red box), 'DofE merchandise', and 'Help'. The main content area contains text explaining the benefits of the DofE Card and a 'REGISTER HERE' button. Below the text, there are logos for 'GO Outdoors', 'Blacks', 'Ultimate Outdoors', 'millets', and 'TTS'. The 'DofE Card' option in the sidebar is highlighted with a red box.

Next steps

6. Decide on your **Volunteering, Physical & Skills** breakdown
 - Select **View Timescales**



Next steps

7. Decide on your **Volunteering, Physical & Skills** elements
 - Remember these could be individual or team activities.

The screenshot displays the DofE Bronze Explorer dashboard. The top navigation bar includes the DofE logo, the text 'YOUTH WITHOUT LIMITS', and the user's level 'Bronze'. The top right corner shows 'DofE.org' and navigation links for 'Notifications', 'Contact your leader', 'Edit profile', 'Change password', and 'Log out'. The left sidebar contains a user profile section with ID 1234567, enrollment date 26/07/2023, and a name field. Below this are menu items: 'Notifications', 'Offers near me', 'My Bronze DofE' (highlighted), 'My DofE Journey', 'LifeZone', 'Resources', 'Keep safe', 'DofE Card', 'DofE Merchandise', and 'Help'. The main content area is divided into four colored sections, each with a progress bar and five status icons: 'Not Started', 'Programme in draft', 'Programme Submitted', 'Programme Approved', and 'Section Submitted'. The 'Volunteering' section (red) is 'In progress'. The 'Physical' (yellow), 'Skills' (blue), and 'Expedition' (green) sections are 'Not started'. A red box highlights the 'Volunteering', 'Physical', and 'Skills' sections. A 'Support' button is located in the bottom right corner.



Questions?